

## Money

 Doesn't Grow on Trees
# We learin early-how to 



## Budgeting Has Many Layers

## - Attitude About Money

-Financial Obligations
-Time Management
-Exercise
-Rest

Zoe's Club
Saving Money With Style


## Shopping Filter System

Identify why you are spending...

- Friends
- Life's seasons
- Obligation
- Shop therapy
- Activities
- Justification
- Companionship
- Necessity
- Shopaholic




## Shopping Emotions

## -Money does not malke you happy <br> - Need <br> - Want

-Shopping to be happy is short lived (buyers remorse)

- Clothes
- Quality not quantity
- Hang your hangers backward to see if you only use $20 \%$ of your clothes in the closet. $80 \%$ of our closet says we have nothing to wear.
- Never shop depressed
- Never shop hungry
-Sales incentives, reward points


## Five Areas of Budgeting

- Giving
- Savings
-Fixed Expenses
-Flexible Expenses
-Taxes



## Break It Down

-Giving (Cultivate a grateful heart!
-Savings- $10 \%$ off the top to start

- 5\% for retirement
- 5\% for an emergency fund
-Fixed expenses
- House payment
- Car payment
- Insurance
- Renters Insurance/ homeowners
- Auto
- Recreation
- Travelers
-Flexible spending
- Groceries
- Gas
- Lunch money
- Entertainment




## Diet, Exercise, and Rest

A clear mind can make all the difference in the world.

- A proper diet and exercise help you stay healthy.
- A good nights sleep is vital to maintain a healthy weight and mental attitude.



## Know Your Credit Scores

savvymoney*


730-850 Excellent Credit
700-729 Above Average Credit

670-699 Good Credit

585-669 Fair Credit

584 and Below - Poor Credit


## What Makes Up A Credit Score?

| New Credit | $10 \%$ |
| :--- | :--- |
| Types of Credit | $10 \%$ |
| Length of Credit History | $15 \%$ |
| Amount Owed | $30 \%$ |
| Payment History | $35 \%$ |

What is a debt ratio and what is a good ration.

Monthly Bills
Divided By
Gross Income

Debt Ratio

It is recommended to stay closer to $30 \%$ and no more than $40 \%$.


## Guard Your Credit Score

## www.annualcreditreport.com

- Americans are spending 100\% plus each month of their income
- More credit does not make you a better person
- Secured Debt (closed ended)
- Unsecured Debt (open ended or closed ended)
- $\$ 2500$ of debt paying the minimum payment * $17.8 \%$ interest and a \$39 payment = 241 months. / a little over 20 years.
- $\$ 2500$ of debt paying the minimum payment * $17.8 \%$ interest and a \$45 payment $=120$ months. / 10 years
- $\$ 2500$ of debt paying the minimum payment * $17.8 \%$ interest and a \$91 payment $=36$ months. $/ 3$ years

Know the opportunity cost for every purchase

## Have a Plan

## CREATE A BUDGET

## DEBT REDUCTION

- Make a list of all your debts / and monthly bills.
- Make a note of quarterly and yearly bills as well.
- Calculate what each one will cost you monthly.
-Envelope Savings Plan
- Pay cash
- Separate accounts for major expense savings I.E. Christmas Clubs, Vacation Clubs, etc.
- Snowball Repayment Plan
- Highest Interest $1^{\text {st }}$
- Consolidation
- No new debt




## Identity Theft

## Guard your personal information

- Shred, Shred, Shred
- Phishing
- Privacy settings / verification codes
- Scams
- Web access WIFI is not secure
- Friends or friends of friends
- Parents misusing child's info
- Freeze your credit
- Copy what is in your wallet/purse


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